



EQUISSAGE

California

"Fulfilling the Potential"

SPORTS MASSAGE FOR THE EQUINE ATHLETE

Equine Sports Massage Therapy Certification Course Curriculum

Textbook	<u>THE (HOW TO) MANUAL OF SPORTS MASSAGE FOR THE EQUINE ATHLETE</u> - MARY A. SCHREIBER, CANDELWYCK PRESS, MIDDLEBURG, VA
Day 1	<ul style="list-style-type: none">* Distribution of course materials.* History of massage and its use on animals.* Introduction to sports massage for humans and animals, including practical application of the recognized strokes used in the therapy.* Review of the video: Sports Massage For the Equine Athlete".* Begin exploring Equine anatomy and muscle function
Day 2	<ul style="list-style-type: none">* Instructor demonstration of Equissage on Equine Subject, with questions and answers and "hands on" opportunities for all students.* Instruction on equine muscle anatomy and physiology
Day 3	<ul style="list-style-type: none">* Instruction on common conditions* Instruction on Stress Point Therapy.* Discussion (and "hands on" opportunities) of therapeutic sequence of the application of equine sports massage.
Day 4	*In depth review of the equine muscle system, including instruction on the performance problems caused when particular muscles are not functioning with full capacity. More "hands on"...form and function.
Day 5	<ul style="list-style-type: none">* Review of all material covered thus far...Exam.* Day long practical application on various equine subjects.* Course concludes with discussion of successful business and marketing plans, including advertising and promotional guidelines and ongoing plans for development of ESMT network.

The fee for the 5-day Equine Sports Massage therapy Certification Course is \$1295.00. This will include the textbook "How to Manual of Sports Massage for the Equine Athlete" and a series of audio CD's and handouts used in learning the Equissage curriculum. If you are interested in taking the course, please fill out the **application** and send it to us with a \$300.00 non-refundable deposit.

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